

Medicare GUIDE Conversation Checklist

Questions to Ask Before Enrolling in the Medicare GUIDE Model

Prepared by Long-Term Care Finder

About Your Loved One

Name: _____ Date: _____

Doctor / Healthcare Provider: _____ Appointment Location: _____

Eligibility Questions

- ☐ Does my loved one qualify for the Medicare GUIDE Model?
- ☐ What eligibility requirements must they meet?
- ☐ Do they need a formal dementia diagnosis?
- ☐ Is our healthcare organization participating in the GUIDE Model?
- ☐ If not, can you refer us to a participating GUIDE provider?

Notes _____

Understanding the Services

- ☐ What services are included through your GUIDE program?
- ☐ Who will be our primary point of contact? ☐ How is the care plan created?
- ☐ How often will someone from the care team contact us?
- ☐ How often is the care plan updated?

Notes _____

Caregiver Support

- ☐ What caregiver education is provided? ☐ Are support groups available?
- ☐ Can someone help us find community resources?
- ☐ Is behavioral support available for difficult dementia symptoms?
- ☐ Is there someone we can contact if we have questions after hours?

Notes _____

Respite Care

- ☐ Is respite care available through your GUIDE program? ☐ Who qualifies?
- ☐ How many hours or days are available? ☐ How do we request respite services?
- ☐ Are there any costs?

Notes _____

Current Healthcare Services

- ☐ Can my loved one continue receiving Home Health Care?
- ☐ Can GUIDE work alongside physical therapy?
- ☐ Can GUIDE work with specialists such as a neurologist?
- ☐ Will GUIDE communicate with my loved one's existing doctors?

Notes _____

Future Planning

- ☐ What happens if my loved one's dementia progresses?
- ☐ What if they move into Assisted Living? ☐ What if they move into Memory Care?
- ☐ What if they eventually need Hospice Care? ☐ What if they require Nursing Home care?

Notes _____

Costs & Coverage

- ☐ Will Medicare cover these services? ☐ Are there any out-of-pocket costs?
- ☐ Which services are not covered? ☐ Will our Medicare Advantage plan affect eligibility?

Notes _____

Before You Leave the Appointment

- ☐ I understand whether my loved one qualifies.
- ☐ I know who our GUIDE contact person will be.
- ☐ I understand what services are available.
- ☐ I know what the next steps are.
- ☐ I have received any referrals or enrollment information.
- ☐ I know who to contact if I have additional questions.

My Next Steps _____

Helpful Reminder: The Medicare GUIDE Model is designed to support **both the person living with dementia and the family caregiver**. Don't hesitate to ask questions, take notes, and request clarification. Understanding the available services can help you make informed decisions and prepare for the future with greater confidence.